

Predocutorial Internship Training Program in Clinical & Community Psychology

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Predoctoral Internship Training Program in Clinical & Community Psychology

Overview

Predoctoral Training Program

The major aim of our predoctoral training program is to foster the student's acquisition of skills as a clinician, as a provider of clinical, consultative, and preventative services, and eventually as a clinical investigator. We emphasize the coordination of intensive, theoretically-based, supervised, clinical experiences with systematic evaluations of observations and assumptions made in clinical and community practice.

The Psychology Internship Program in the Department of Psychiatry at Yale University School of Medicine offers training in clinical and community interventions in two primary clinical sites: 1) The Connecticut Mental Health Center ([CMHC](#)), and 2) Yale-New Haven Hospital ([Y-NHH](#)). Applicants to the Internship Program must select one of these two clinical sites as their primary placement. Predoctoral interns remain at their primary placement for the entire internship year, participating in the diversity of experiences that are available within that clinical facility. Thus, in the application to the internship program, you must select from among these two clinical sites, indicating which of the two sites (CMHC or Y-NHH) is of primary interest to you. Applicants who are interested in CMHC or Y-NHH as their primary placement must make further selections among several alternative primary and secondary placements within the CMHC or the Y-NHH, and this selection also needs to be indicated in the application. Since the two primary clinical sites offer different training opportunities, applicants to the Internship Program should review material describing each of the two clinical facilities, deciding which of the sites is most congruent with their interests and goals. Please note that several alternative programs within CMHC and Y-NHH, have independent APPIC Program Numbers. Applicants should use the APPIC number appropriate for the site of their primary interest in applying to the Yale University Predoctoral Internship Program.

Because the student's primary experiences in graduate school have usually been in research and theory, much of the training of predoctoral interns in our program is devoted to clinical and/or community practice in an interdisciplinary setting where such efforts are highly valued. Clinical training activities, didactic seminars and supervision are directed toward developing clinical sensitivity and consultative competence and integrating these skills with basic theory and research. Within each of the two primary clinical sites (CMHC and Y-NHH), predoctoral interns receive broad and general training in core competencies of assessment, intervention/prevention, consultation, scholarly inquiry/research and professional development. Issues of diversity are interwoven throughout each of these cores. Thus, the goals of our training program are to provide intensive experience and training that will enable the student to develop skills and

competencies in clinical and community practice and to develop the capacity to examine and evaluate the assumptions and observations made in this clinical practice.

Each predoctoral fellow has a primary placement in one of the several clinical facilities of the Department of Psychiatry. Each clinical facility provides opportunities to participate in a wide variety of clinical activities with intensive supervision. The goals in each setting are to develop clinical and consultation skills at a high level, to learn to work collaboratively with other disciplines in treating individuals and families, to learn about different modes of assessment and intervention, and to formulate meaningful research questions related to these various forms of clinical activity. In addition to the core training experiences provided in each of the clinical facilities, all predoctoral interns participate in several required year-long department-wide seminars offered by psychology faculty. These seminars provide additional instruction in the core competencies, as well as give the interns exposure to state-of-the-art research, clinical methods, and contemporary ethical including issues of diversity, race, and gender. These seminars also provide interns, from different orientations and from different training sites, the opportunity to exchange ideas and experiences around their developing core competencies. Interns also have the option to participate in select training experiences in other clinical units, in elective seminars offered in the Department of Psychiatry, in didactic experiences within the Department of Psychology, Yale Child Study Center, and Department of Epidemiology and Public Health, as well as in ongoing research projects.

There are various opportunities throughout the University and in the Department of Psychiatry for predoctoral interns who wish to stay at Yale for further training at the postdoctoral level.

Core Competencies

Training for all predoctoral psychology interns is focused within six core competency domains: assessment, intervention/prevention, consultation, professional development, scholarly inquiry/research, and diversity. Issues of diversity and scholarly inquiry and research are central commitments of our department and of our internship program and therefore are cross-cutting core competencies that are embedded in each of the four other core competency domains (Assessment, Intervention/Prevention, Consultation and Professional Development). Training in the core competencies occurs through both didactic and practicum experiences that include participation in department-wide core seminars and colloquia for all interns, as well as in site-specific seminars, in-service training, mentoring, supervision and teaching associated with particular practicum placements/rotations. Individual core competencies are listed below. Core competency training in each of the particular practicum placements/rotations is tailored to the needs of a particular target population being served (e.g., children, individuals whose primary language is not English) or to address aspects of the service delivery setting (e.g., hospital, clinic, school, community) in which a core competency is acquired. Interns' performance in the core competencies is assessed on an ongoing basis through faculty supervision and formal quarterly assessments completed by individual supervisors and then discussed with the interns by their primary advisor.

Assessment

1. Demonstrates effective clinical interviewing skills.
2. Demonstrates the ability to collect and integrate data from multiple sources.
3. Demonstrates the ability to use an array of assessment tools appropriately.
4. Demonstrates skills in interpreting the results of various types of assessment.
5. Demonstrates knowledge of DSM-IV and psychiatric nomenclature.
6. Formulates clinical case conceptualization based on assessment results.
7. Writes reports clearly, accurately, and in a timely manner.
8. Communicates findings effectively to patients, family members, team members, and collateral providers, as appropriate.
9. Demonstrates culturally-competent assessment skills with diverse populations.
10. Demonstrate the ability to use research to inform assessments

Intervention/Prevention

11. Demonstrates the ability to conceptualize, formulate, and implement an intervention plan, and to make adjustments in the plan as needed.
12. Collaborates effectively with other disciplines and stakeholders in intervention efforts.
13. Demonstrates understanding of relevant theory to guide the intervention.
14. Demonstrates skills in working with a range of clients (including children, adolescents, adults, and/or family members, as appropriate), in intervention and prevention activities.
15. Demonstrates an ability to carry out evidence-based interventions.

16. Establishes and maintains effective relationships with service recipients, collateral providers, and community partners, as appropriate.
17. Evaluates intervention and prevention outcomes effectively, including community program interventions as appropriate.
18. Demonstrates culturally-competent intervention skills with diverse populations.
19. Demonstrates the ability to use research to inform interventions.

Consultation

20. Clarifies requests for consultation appropriately and effectively.
21. Develops effective consultative, and when appropriate technical assistance, relationships with professionals, service recipients, and community stakeholders.
22. Communicates consultation results and recommendations effectively.
23. Demonstrates understanding of systems and organizational issues when providing consultation.
24. Demonstrates effective program development skills.
25. Demonstrates culturally-competent consultation skills with diverse populations.
26. Demonstrates the ability to use research to inform consultation activities

Scholarly Inquiry/Research

27. Demonstrates skills in developing research designs.
28. Demonstrates knowledge of appropriate strategies to analyze data
29. Demonstrates skills in writing and reviewing research manuscripts
30. Demonstrates knowledge of grant application processes.
31. Demonstrates culturally-competent research skills with diverse populations.

Professional Development

32. Demonstrates essential understanding of ethical principles for psychologists.
33. Demonstrates skills in applying ethical principles in research and practice.
34. Able to identify individual professional strengths and limitations.
35. Able to seek and use supervision as appropriate.
36. Accepts and integrates supervisory input in a professional manner.
37. Organizes and manages time and competing demands effectively.
38. Able to work independently as well as with others effectively.
39. Demonstrates skills in adhering to the highest standards of profession conduct with diverse populations.
40. Demonstrates an appreciation for the role of research in clinical practice and consultations.

Training Sites

The Department of Psychiatry is composed of a number of clinical and community facilities, thus interns have the opportunity to work with a broad range of patients in a diversity of settings. The training program utilizes clinical facilities of the Department of Psychiatry - the Connecticut Mental Health Center (CMHC), and Yale-New Haven Psychiatric Hospital (YNHH).

CMHC offers child and adult individual, family, and group psychotherapy, as well as a wide range of indirect, psychoeducational, preventive, and community-oriented services, and incorporates a Neuropsychological and Psychological Assessment Service. The Center participates actively with community agencies and organizations in the development of comprehensive mental health services and new treatment models.

YNHH is a 900 bed general hospital that encompasses the Yale-New Haven Psychiatric Hospital (YNHPH) a 74 bed, acute care, psychiatric facility that consists of four main inpatient programs and a range of intensive outpatient/day hospital programs. Psychology training is devoted primarily to the assessment and treatment of adolescents and adults who suffer from a variety of problems including mood disorders, PTSD, substance abuse and dependence, psychosis, disruptive behavior disorders, and severe personality disorders. Psychology training is provided within YNHPH's inpatient and intensive outpatient programs, as well as within several key medical specialty services of YNHH.

Each clinical facility and its component units maintain an inter-disciplinary approach to clinical and community service as well as to research and training. Mental health professionals and paraprofessionals work together in various service, research, and training activities. A fellow's learning is enriched by participation in interdisciplinary seminars offered within each clinical facility and by the Psychiatry Department.

Connecticut Mental Health Center

Eight program options (listed below) are available within the CMHC, one of which must be selected and designated on the Application Form which is to be used as a cover sheet for your application (see section on [Application Procedures](#)). Each training option is structured so that the fellow participates in a primary (3 days/week) and a secondary (1-1/2 days/week) placement site. The secondary sites available in relation to each training option are indicated at the end of the program descriptions. For all interns, one half day is reserved for Departmental seminars and related activities.

- [Division of Substance Abuse](#)
- [Hispanic Clinic](#)
- [Neuropsychological & Psychological Assessment Service](#)
- Acute Inpatient Unit
- [Outpatient Services](#)
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The CMHC has the responsibility for providing comprehensive behavioral health services within the Greater New Haven area. Services offered include initial evaluation and assessment of prospective patients, emergency crisis-oriented services, outreach and engagement, short-term inpatient care, brief and continuing individual, family, couples, and group psychotherapy on an outpatient basis, rehabilitative programs, and a wide range of ongoing consultation and prevention programs. In addition, a number of research projects are sponsored by clinical, consultation, and research units at CMHC.

The opportunities for clinical training at the CMHC are rich and varied. Participation in the [Outpatient Services](#) in New Haven, the [West Haven Mental Health Clinic](#), the [Hispanic Clinic](#), the [Young Adult Service](#), and the [Division of Substance Abuse](#) provides the opportunity for the enhancement of clinical skills through supervised individual, couples, family and group therapy as well as formal learning opportunities in psychodiagnostic and clinical assessment. Depending on placement site, interns have the opportunity to work with individuals diagnosed with various forms of psychiatric disorder, dual diagnoses of co-occurring psychiatric and addictive disorders, or primary substance abuse. Training in neuropsychological and comprehensive psychological assessment and consultation (with special emphasis on neuropsychology) is offered through placement in the [Neuropsychological & Psychological Assessment Service](#). This experience also includes placements in the Inpatient Division and at Gaylord Hospital (a neurological rehabilitation setting), on a secondary basis. Participation in [The Consultation Center](#) provides the opportunity for experiences in prevention, health promotion, organizational consultation and staff development training, community program development and service system development and evaluation, as well as related

prevention, evaluation, and services research. In addition, the CMHC offers specialized training in services to individuals with severe and persistent forms of psychiatric disorders including clinical, rehabilitative, and consultative interventions and serves as the lead agency for the managed service system (the Community Services Network) in Greater New Haven.

Because of the heterogeneous nature of the CMHC's faculty, staff, and clients, interns learn about the importance and implications of socioeconomic, cultural, ethnic, and racial issues in the process of individual, organizational, and community functioning and change. Considerable opportunities exist to work collaboratively and effectively in diverse interdisciplinary, cultural, and racial contexts with diverse professional staff within and outside the CMHC. Training also includes participation in seminars focusing on therapeutic and rehabilitative interventions, clinical and diagnostic assessment, and prevention and community-based interventions. Similarly, experiences in early detection, rapid assessment and intervention in crisis states, as well as more extended clinical evaluations, are available. To supplement this assessment experience, interns also complete a number of psychodiagnostic evaluations for either outpatients or inpatients depending on their particular placement sites. One also can participate in a variety of ongoing individual, organizational and community consultation services, and prevention programs provided by The Consultation Center. And finally, it is possible to become involved in a variety of research activities focusing on the analysis and evaluation of clinical processes and outcomes, of service delivery systems and models of care, and of preventive, community, and service system interventions.

CMHC Program Options:

Division of Substance Abuse (DSA)

Four pre-doctoral interns are selected for primary placement within the Division of Substance Abuse (DSA) in one of two training tracks: 1) Adult Clinical Services; 2) Clinical and Prevention Research. Interns in each track obtain intensive supervision providing a range of assessment and therapeutic services for a diverse patient population that shares a common behavioral problem. Several required and elective seminars on substance abuse assessment, treatment, prevention, and research are offered for pre-doctoral and post-doctoral psychology interns and addiction psychiatry interns. All DSA pre-doctoral interns meet regularly with a primary advisor, psychotherapy supervisors, assessment supervisor, and research mentor assigned from a faculty group of over 20 full-time psychologists who, together with faculty colleagues in psychiatry, epidemiology/public health, and medicine, comprise one of the most diverse, productive, and highly regarded programs in the world focused specifically on addiction.

1) DSA Adult Clinical Services (APPIC # 118315)

Two DSA interns have their primary placement at the Substance Abuse Treatment Unit (SATU) of the Connecticut Mental Health Center (CMHC). SATU is a large outpatient program that offers training in brief- and longer-term individual and group therapy for

adults and young adults, and couples/family therapy. Specialized treatment programs exist for alcohol abuse, polysubstance abuse, dual diagnosis, criminal justice, and pharmacotherapies for opioid and alcohol dependence. Interns provide closely supervised psychotherapy, psychological testing, and clinical assessment services. In addition, there is a walk-in and evaluation service providing experience with more acute problems, crisis intervention, and rapid assessment and referral skills. Patients are strongly encouraged to become involved in 12-step meetings during and after treatment at SATU, but clinical services provided are not based on this model of recovery.

Adult Services interns at SATU are offered the opportunity to gain supervised clinical experience applicable to varied psychiatric populations as well as specialized knowledge of substance abuse issues. The treatment orientations learned are varied, but typically emphasize motivational enhancement during the early phases of treatment, cognitive-behavioral approaches to promote change, interpersonal and group interaction approaches to sustain change, and integrative (specialized psychotherapy or combined psychotherapy/pharmacotherapy) models for dual diagnosis. The type of psychotherapy offered to patients depends on such factors as the severity of symptoms, readiness for change, focus of identified problems, the nature of support systems, and co-occurring disorders. Patients with a wide range of psychopathology are assigned to interns, and specialized opportunities for training are often available (e.g., Dialectical Behavior Therapy, Motivational Interviewing).

Primary placement interns in the DSA Adult Clinical Services track choose a secondary placement at one of the following CMHC outpatient clinical programs: Outpatient Services; West Haven Mental Health Clinic, or; Hispanic Services. See the descriptions for these programs listed below.

For more information about the DSA Adult Clinical Services track, please email donna.lapaglia@yale.edu.

2) DSA Clinical and Prevention Research (APPIC #118320)

Two interns have their primary placement within one of the two NIH-funded centers within Yale's DSA Research Division: 1) Psychotherapy Research Center (Bruce Rounsaville, PI); 2) Transtheoretical Tobacco Use Research Center (Stephanie O'Malley, PI) Both centers have several patient-oriented research projects evaluating empirically supported therapies and using structured diagnostic and clinical assessments. Interns choose 2-3 projects to develop new or enhance existing skills in the delivery of empirically supported, protocol-driven therapies, and in the assessment and interpretation of measures of patient psychopathology, behavioral outcome, and psychotherapy process.

Among the more commonly evaluated behavioral therapies for which training and supervision are provided include relapse prevention coping skills, motivational enhancement therapy, contingency management, 12-step facilitation, brief interventions, smoking cessation, relational parenting, risk reduction, as well as combined or integrative models for substance abuse patients with co-occurring disorders. Interns in the DSA

Clinical and Prevention Research track also work closely with their primary advisor and research mentor to develop a training plan aimed at mastering the necessary skills required to conduct research on substance abuse which may include learning new research methods, statistical analyses for completed studies, or coordinating a pilot project. In addition to the required seminars for the internship, interns in this track attend treatment and prevention research seminars. There are many opportunities for postdoctoral training in clinical and prevention research in substance abuse at Yale.

Primary placement interns in the DSA Clinical and Prevention Research track have a secondary placement in the Division of Prevention and Community Research at The Consultation Center (TCC). This program focuses on evaluating a range of substance abuse primary and secondary prevention models across the life span. Please see [The Consultation Center](#).

For more information about the DSA Clinical and Prevention Research track, please email Samuel.ball@yale.edu

Hispanic Clinic (APPIC #118318)

The Hispanic Clinic of the Connecticut Mental Health Center is a community mental health and addictions treatment provider that serves the Hispanic monolingual population of Greater New Haven and surrounding areas. The site is organized as a satellite clinic of the Connecticut Mental Health Center and is part of the Center's Outpatient Services. This placement provides an intern with a rare and exciting opportunity to receive intensive clinical training and preparation for working with an under-served and growing minority population. As all clinic clients are monolingual, fluency in Spanish is a requirement for working within this multi-service, specialty clinic.

The Hispanic Clinic is staffed by a multidisciplinary team of bilingual-bicultural clinicians that provide a comprehensive range of services to an adult population. These services range from diagnostic evaluation, pharmacotherapy, and psychotherapy in mental health, addictions, and co-occurring disorders. The predoctoral intern works in conjunction with the clinical interdisciplinary team and provides clinical services within the Ambulatory Specific Adjunctive Program (ASAP), a program designed to provide intensive clinical care within a group treatment modality.

Furthermore, the intern will have the opportunity to provide direct clinical services to an adult monolingual Latino population within a newly established system of care that is based at the Hispanic Clinic. The Connecticut Latino Behavioral Health System (CT LBHS) represents a regional initiative designed to expand the accessibility and quality of behavioral health services to the monolingual Latino community. The overarching goal of CT LBHS is to improve access to behavioral health care and to promote culturally relevant treatment alternatives. As such, this placement offers the intern a unique opportunity to offer clinical services within a larger organizational collaborative of behavioral health agencies and to learn about issues related to the development of a broader system of care.

Ample supervision is provided for all aspects of the intern's work, as well as opportunities to participate in seminars focusing on cross-cultural issues, addictions treatment, co-occurring disorders, community-based intervention, and prevention. Finally, opportunities exist for the intern to participate in on-going research projects based within the clinic, as well as within the broader context of the Center's Outpatient Services. The Hispanic Clinic offers one primary predoctoral placement and the intern can request a secondary training site at either: The Consultation Center, Outpatient Services at 34 Park Street, or the West Haven Mental Health Clinic. Based on the intern's training interests and needs, the secondary placement can be tailored to offer specialized training experiences with Latino populations.

Training Goals

The Hispanic Clinic placement offers the intern specific skill development that is relevant to assessment, intervention, consultation, and clinical research with Latino populations. The intern is expected to gain proficiency in the conceptualization of clinical issues based on a comprehensive and culturally informed assessment. Particularly, the training year will provide an opportunity for the intern to acquire further skill and knowledge in the following: 1) knowledge of diagnosis and psychopathology and differential diagnosis based on cultural nuances; 2) ability to adapt evidence-based interventions in a culturally specific manner; and 3) interpreting the results of various types of assessments taking into account cultural and linguistic issues. The intern will apply an understanding of relevant system, organizational, and faith-based issues to establish and maintain effective relationships through the utilization of cultural constructs with service recipients and partners. Moreover, while the Hispanic Clinic offers a primary clinical training experience, arrangements can be made to offer the intern additional mentoring and supervision related to the development of culturally-competent clinical research skills.

Training Faculty:

[Luis M. Añez, Psy.D.](#)

[Luis Bedregal, Ph.D.](#)

Eric Frazer, Psy.D.

Christine Lozano, Psy.D.

[Manuel Paris, Psy.D.](#)

Michelle Silva, Psy.D.

For more information about this placement site, please email Manuel Paris, Psy.D. at manuel.paris@yale.edu or call (203) 974-5819. See relevant descriptions for further information on secondary placements.

Neuropsychological & Psychological Assessment Service (APPIC #118317)

These placements provide assessment experiences and training (principally neuropsychological) with diverse clinical and research settings.

The training is as follows:

Primary placement: CMHC Neuropsychological & Psychological Assessment Service

Secondary placements: Interns conduct neuropsychological assessments within diverse settings: (a) Gaylord Rehabilitation Hospital (a neurological setting; 1 day per week), (b) the Adler Geriatric Center (geriatric consulting; MCI and dementia assessments; 1 day per week for 6 months), (c) clinical research in a Parkinson's Disease and dementia (AD) research facility, 1 day per week, (d) period handling of referrals received from the broader community by the Yale Department of Psychiatry Neuropsychological Assessment Service (forensic and clinical), and (e) the assessment of patients in various research protocols (e.g., TMS for hallucinations; hepatitis C treatment; prodromal Parkinson's Disease; amyloid burden and AD treatment protocols).

The major focus is upon the development of neuropsychological assessment and consultation skills. This involves liaison with multidisciplinary teams, integration of diverse clinical data (patient history, medical, interview, and test results), and the communication of findings/recommendations.

Consultations involve both inpatient and outpatient cases. Interns refine their psychodiagnostic skills and gain a comprehensive understanding of the workings of a psychiatric treatment facility via exposure to diverse clinical issues (e.g., differential diagnosis, psychopharmacology, and disposition planning). Interns also participate in the neuropsychological components of several major research studies within CMHC, the Yale Department of Psychiatry, and neighboring research institutions.

Further neuropsychological training occurs via a one-day per week placement at Gaylord Hospital, a neurological rehabilitation setting. In that setting, assessments are undertaken on nonpsychiatric patients with brain compromise in a rehabilitative context. Supervision at Gaylord is provided by Dr. Richard Delaney.

Interns also consult to a geriatric service with regard to questions of mild cognitive impairment (MCI), early dementia, and differential diagnosis within dementia. In addition, interns handle occasional referrals from the community (e.g., civil forensic cases).

Neuropsychological training. In addition to the core seminars offered to all Yale interns, CMHC Psychological Assessment interns participate in a neuropsychological seminar throughout the year. This covers procedures, interpretation, brain-behavior relations and

neuropsychological theory, neuropsychiatric conditions, psychometric issues, and ongoing research projects. Additionally, interns may attend Gaylord Rehabilitation Hospital neuropsychological seminars and rounds. Interns also typically attend elective seminars within the Medical School (e.g., on Dementia, Imaging, etc). Intensive supervision of all neuropsychological assessment activity is provided. After completion of their year at Yale, interns have typically gone on to neuropsychological postdoctoral placements in either neurological or neuropsychiatric settings, and several now hold faculty appointments in neuropsychology at various universities (e.g., Harvard, Brown, and Dartmouth).

Settings. The CMHC Inpatient Division accepts both voluntary and involuntary psychiatric admissions; the Outpatient and related divisions of CMHC treat large numbers of psychiatric patients annually. Patients are 18 years of age or older. Gaylord Rehabilitation Hospital treats neurological patients recovering from brain compromise (e.g., stroke, neurosurgery, trauma) on both an inpatient and outpatient basis. The Yale Department of Psychiatry Neuropsychological Assessment Service offers services to diverse settings via clinical and research contracts, and handles adult clinical and forensic referrals from the broader community. The Adler Geriatric Clinic assesses over 400 patients per year.

For more information about this placement site, please contact Dr. Keith Hawkins preferably by telephone at (203) 974-7831, or email keith.hawkins@yale.edu. To learn about the research interests of Dr. Hawkins, go to www.info.med.yale.edu and then click on "Find a Person". Next, click on, "Community of Science", and follow directions from there.

Acute Inpatient Unit (APPIC # TBA)

The Acute Inpatient Unit is a 26 bed adult (age 18+) service located on the fourth floor of the Connecticut Mental Health Center (CMHC). The unit serves as an integral part of CMHC's crisis, ambulatory, and community-based care system. Utilizing a multidisciplinary team approach, the unit provides comprehensive assessment, crisis intervention, symptom stabilization, and discharge planning to uninsured or under-insured residents of the local community. In addition, as daily operating needs and bed availability permits, two of the 26 beds may be used to provide medically managed detoxification from alcohol and/or opiates for patients enrolled in outpatient treatment within the CMHC service system. The unit's mean length of stay currently is six days. However, each patient's length of stay is determined by their specific care requirements and, as a result, may vary from one day to several months.

The psychology fellow is a valued member of a treatment team. Upon admission, each patient is assigned to a primary therapist and a team comprised of an attending psychiatrist, RN care coordinator, licensed clinical social worker, rehabilitation or occupational therapist, resident physicians, a social services discharge planning specialist, and trainees of various disciplines. In addition, clinicians from the nursing staff, including RNs and paraprofessional mental health assistants, are assigned to each patient

and attend the daily team rounds on a rotational basis. A substance abuse rehabilitation counselor provides consultation and attends rounds on an as needed basis.

Within the context of team discussions, individualized outcome-oriented plans of care are developed, typically in direct collaboration with the patient and his/her outpatient care providers. The involvement of the patient's family and/or significant others is sought (in accordance with the patient's needs and wishes) to ensure that a comprehensive and workable plan is established.

Treatment planning based upon a comprehensive admissions evaluation begins with the generation of a problem list. Patient-specific treatments are defined and evaluated on an ongoing basis to guide the patient's care throughout the hospitalization. Individual, group, family, occupational, recreational, milieu and pharmacological therapies are employed in accord with the specific needs of individual patients. In addition, the patient's medical, housing, financial, social, and vocational needs are assessed, and comprehensive dispositional planning is undertaken to ensure that the patient is returned to the community in a safe and expeditious fashion. Pastoral counseling also is available by request.

Responsibility for coordinating and enacting the patient's overall plan of care rests with the primary therapist. Among senior members of other disciplines, the primary therapist may be a resident in psychiatry or a psychology fellow. The primary therapist role within a multidisciplinary team structure ensures that the psychology fellow obtains diverse treatment experiences and exposure to a wide range of clinical conditions during the year (several hundred patients are treated annually on the unit). Within the course of his or her year at Yale, the CMHC Inpatient Fellow will clinically manage, or observe, clinical problems reflecting the full panoply of DSM disorders.

Overall, the treatment philosophy of the unit is eclectic, reflecting the diversity of disciplines engaged in the treatment process, the breadth of clinical conditions and specific problems encountered, and the rich broader theoretical and research context of CMHC and the Department of Psychiatry.

The psychology pre-doctoral fellow will carry direct care responsibilities within the unit, including admissions assessment, presentation of the case formulation to the treatment team, treatment planning, direct care/therapy, group therapy, family meetings, and the writing of progress notes, discharge plans, and discharge summaries. In addition, the intern will have the opportunity to conduct psychological assessments, participate in psychoeducational programming, and assist in the formulation of behavioral management programs for patients on the unit. Supervision is provided both on the unit, and with affiliated Yale faculty. The Yale internship program offers regular weekly seminars, and an additional wide range of departmental elective seminars open to both psychology interns and psychiatry residents.

The Psychiatric Inpatient placement offers skill development relevant to assessment, intervention, consultation, and clinical research. Interns are expected to (a) acquire skills

in differential psychopathological diagnosis; (b) develop the capacity to conduct a comprehensive admissions assessment; (c) refine their case formulation skills; (d) develop a capacity to present a case formulation and treatment plan to a multidisciplinary team; (e) clinically manage patients within a team context; (f) refine their individual and group therapy skills; (g) refine their medical record keeping, treatment plan writing, disposition planning and discharge summary preparation skills; (h) further develop their skills in psychological assessment; and (i) develop their sensitivity to cultural and diversity issues.

For more information about this placement site, please contact Dr. Keith Hawkins preferably by telephone at (203) 974-7831, or email keith.hawkins@yale.edu. To learn about the research interests of Dr. Hawkins, go to www.info.med.yale.edu then click on "Find a Person". Next, click on, "Community of Science", and follow directions from there.

Outpatient Services (APPIC #118319)

The CMHC Outpatient Services (OPS) provides mental health treatment to adult residents of New Haven with serious psychiatric disabilities. OPS maintains a continuous treatment program providing clinical services to clients who require longer term or ongoing care and provides occasional opportunities for briefer, more focused interventions. In addition to clinical case management, psychiatric rehabilitation, assistance in coordinating community services and supports, and psychopharmacologic treatment, OPS provides various forms of psychotherapy. Individual, group, and family therapy are offered either on-site or in the community. Most of the clientele who receive services at OPS experience multiple, co-occurring clinical problems as well as social stressors such as poverty, inadequate housing and benefits, and unemployment. OPS clinicians offer multifaceted clinical services that are focused not only on ameliorating psychiatric symptoms but also on helping persons with serious impairments to build their lives in the community.

Predoctoral psychology interns work as part of an OPS multidisciplinary treatment team – including nursing, social work, and psychiatry interns and staff - that bears clinical and administrative responsibility for a large number of clients. Team members, including psychology interns, practice within a primary clinician model, carrying their own individual caseloads, which are assigned by the team director. Team meetings provide an opportunity for group discussion of general issues, difficult cases, and administrative problems. Each team also includes an attending psychiatrist who is available to psychology interns and other team members for individual consultation about medications and any other medical issues that may emerge.

Psychology interns may choose OPS either as a primary or a secondary placement option. Those with a primary placement in OPS are expected to carry twelve client contact hours per week. The major portion of their clinical time is spent in the provision of individual treatment, with some time also devoted to group and/or family therapy. Interns with a secondary placement in OPS carry six clinical hours which are usually devoted to

individual treatment, but may also include some group or family work. Training caseloads are selected to provide a variety of treatment experiences as well as focused experience in a diagnostic area of particular interest. In addition, interns may participate in outpatient psychological testing, generally completing between 2 and 4 psychodiagnostic evaluations over the course of their internship.

Training is given high priority in the Division. Abundant individual supervision is provided for individual and group treatment. Interns participate in a weekly clinical case seminar that also examines clinical, systems, and professional development issues, and in a variety of in-service clinical training seminars, in addition to the Department's regular core seminars. A number of opportunities for collaborative research with faculty members are also available in the OPS to interested interns.

Applicants who choose Outpatient Services as their primary placement will have a secondary placement within the Community Services Network (CSN). The CSN is a consortium of 18 local community-based not-for-profit organizations providing a broad variety of psychiatric rehabilitation services, including residential, vocational and social programming to individuals served within OPS and other clinical settings. CMHC is the lead agency for the CSN, and the supervising psychologists for this placement provide the administrative oversight to the network. Additional information about the CSN may be found at: www.communityservicesnetwork.org

Secondary placement within the CSN offers training opportunities in the development, provision, and evaluation of community-based clinical and rehabilitative services for individuals with serious mental illnesses. The training experience involves involvement with the overall administration of the network. Each intern focuses on two or three specific initiatives chosen from among a diverse range of programs based on his or her interests and training needs. Roles and responsibilities of the intern will vary according to the chosen initiatives, but typically will involve participation in clinical consultation and/or training to the paraprofessional rehabilitation staff, program development, administration, evaluation, research and/or strategic planning initiatives. Interns will join existing CSN committees (e.g., a service system coordination committee, a vocational services committee) relevant to their area(s) of responsibility and will be supervised by core psychology faculty members associated with the CSN. It is anticipated that at the end of the training year, interns will have developed an array of skills pertinent to service administration and will have an enhanced framework for understanding the varied roles of psychologists in public sector mental health.

For more information about Outpatient Services, please email Thomas.styron@yale.edu

The Consultation Center (APPIC #118314)

The Consultation Center (TCC) is a multidisciplinary service, research, and training site that is a cooperative endeavor of the Department of Psychiatry, Yale University School of Medicine, the Connecticut Mental Health Center, and The Consultation Center, Inc. The mission of The Consultation Center is to promote the development and mental health of individuals and families; prevent psychological symptomatology, substance abuse, and

other problem behaviors; and enhance the effectiveness of behavioral health and other human service organizations and service systems.

To accomplish this mission, faculty and staff at The Consultation Center: 1) develop and implement prevention and mental health promotion programs to individuals and families across the life span, 2) conduct prevention and community research and evaluations of community programs, 3) provide services to promote mental health and adaptation of persons with prolonged psychiatric and/or substance abuse disorders and their families, and 4) provide training, consultation, and technical assistance to professionals and organizations to enhance their effectiveness and the quality of service delivery to the community. The Consultation Center carries out its mission through its six service components – Children’s Programs, Adolescent Programs, Adult and Elderly Programs, Program and Service System Evaluation, Family Violence Programs, and the Program on Male Development. The research mission of The Center is reflected by its seven research areas – Stress and Coping Research; Resilience Research; Evaluation Research; Urban Education, Prevention, & Policy Research; Child Development and Epidemiological Research; Family Violence Research; and HIV Prevention and Mental Health Research.

Placements at The Consultation Center are arranged on a primary basis with a secondary placement in one of the other service units, or on a secondary basis for interns applying for a primary placement in another clinical setting. Primary interns spend approximately 3 days/week at the Center, and secondary interns approximately 1.5 days/week. The Center typically accepts three primary interns and two to three secondary interns. Training occurs across multiple modalities, including: seminar experiences, applied project activities, and regular supervision. Psychology interns at The Center work closely with faculty and professional staff within the context of applied training experiences that are referred to as projects. Interns are matched to their projects during the initial orientation period and remain involved with them throughout the training year. A typical primary fellow carries two to four such projects, and a secondary fellow carries one to two such projects throughout the year. Projects involve either a 6-hour or 12-hour commitment each week, with the latter referred to as double projects.

a. The Consultation Center Seminar

In addition to the core Departmental seminars offered within Psychiatry, a weekly seminar at the Center provides predoctoral psychology interns a strong foundation in the theory, methods, and principles of prevention and community-based research and practice. A copy of last year’s seminar syllabus is available online (<http://theconsultationcenter.org>). The focus is wide-ranging though strongly influenced by the fields of community psychology and prevention science. Topics include: an introduction to prevention and health promotion models, theory and practice of consultation and training, program development, organizational development, ethics, professional development, and human diversity. Seminar instructors include faculty and staff from The Consultation Center, and individual modules utilize a range of formats from didactic presentations to experiential/applied activities.

b. Investigators Group

Center faculty as well as pre- and postdoctoral interns participate in a monthly Investigators Group meeting in which manuscripts and grant submissions in preparation are subjected to a rigorous internal peer review process. This meeting serves to (1) facilitate the quality of articles and grant submissions, (2) provide experiential opportunities for interns to develop and further refine their manuscript development and grant writing skills, and (3) enhance the academic productivity of the Division.

c. Division of Prevention and Community Research

The Consultation Center also provides leadership for the Division of Prevention and Community Research (DPCR), one of the six research divisions of the Department of Psychiatry. The DPCR is dedicated to conducting theory-based, interdisciplinary prevention research studies in community settings. Research investigations are aimed at: a) identifying risk and protective processes underlying substance use/abuse and psychiatric symptoms or disorders which may serve as the basis for subsequent community-based preventive interventions; b) examining the effectiveness of interventions to promote adaptation and resilience or to prevent substance abuse and psychiatric symptoms; and c) developing models for the dissemination of science-based programs. Investigations are conceptualized within ecological, developmental, and cultural contexts, often involve multiple levels of analysis, ranging from the individual to the family/group to the community, and employ both quantitative and qualitative research methods. Additional information about the DPCR is available online (<http://info.med.yale.edu/psych/research/prevention.>)

A monthly Divisional Forum is also attended by faculty and pre- and postdoctoral interns in which investigators from across the university or from other universities present aspects of their research work and its relevance to prevention science. In addition, the Division sponsors an annual Departmental Lecture in which a noted scholar in the prevention field is invited to present original research and then discuss the presentation with faculty and interns. Finally, a biennial Divisional Conference is sponsored that on a major theme related to prevention research and policy that draws about 300 members of the university and the community.

Applied Professional Training Experience

Psychology interns receive applied professional training through project assignments under the supervision of Center faculty and staff. Potential projects include: provision of clinical and prevention services in an alternative high school setting; family violence education programs for mandated offenders; program evaluation of mental health or prevention programs and services; technical assistance to human service agencies; consultation to schools regarding peer mediation or substance abuse prevention; research on risk factors for mental disorders and health-related problems; and preventive intervention research. As noted earlier, primary interns typically train in the context of two to four year-long projects, and secondary interns typically train within one to two year-long projects. The mix of projects is tailored to provide interns with a range of applied training experiences throughout the year – developing competencies in multiple

areas while also providing opportunity for new or novel experiences to complement previous training.

Supervision and Advisement

Psychology interns are assigned a primary advisor and individual project supervisors for each of their projects throughout the year. The advisor serves as the fellow's primary faculty contact. Advisors meet regularly with interns to ensure that individual training goals year are being met, to discuss issues related to professional development, and to serve as a resource when individual needs or questions arise. Project supervisors oversee the training of interns within the context of the assigned projects, and also may provide individual, group or team supervision, depending on the nature of the specific project. They also serve as an additional training resource for interns in matters related to professional development, practice, and scholarly work.

Overview of the Training Year at The Consultation Center

Project Selection Process: At the beginning of the year, advisors meet with interns individually to discuss training goals and career objectives and to review the list of potential projects for the year. Faculty and project supervisors also meet with interns and discuss the particular projects that are offered. Interns indicate their preferences for project offerings to their advisor within the first two-weeks of the internship year, and faculty match projects to interns based upon these preferences while ensuring a broad training year that supports the needs and interests of the interns.

Attendance at Center and Departmental Seminars and Meetings: Interns participate in the weekly seminar at The Consultation Center, as well as weekly Departmental activities including the Departmental seminar sequence and monthly colloquium series. Monthly meetings at the Center include: a center-wide staff meeting, the Division of Prevention and Community Research forum, and Investigators Group meetings.

Project-related Activities: The remaining Center-related activities are focused primarily within project assignments. Interns work closely with project supervisors and professional staff to become acquainted with the training, roles, and expectations of their particular projects. Project-related time may include individual and group supervision on project-related tasks, as well as independent work specific to the particular demands and requirements of individual projects.

Evaluation of Psychology Interns: Psychology interns receive ongoing feedback during the course of the year from their project supervisors and advisor. In addition, quarterly formal evaluations are completed during the training year that serve as opportunities to review progress on training goals and address progress toward core competency areas.

Secondary Site Pairings for Interns in Primary Placement at The Consultation Center: Two CMHC sites serve as potential secondary placements for psychology interns that have a primary placement at The Consultation Center – the West Haven Mental Health Center (WHMHC) and Outpatient Services (OPS). Interns spend approximately 1.5 days per week at these clinical settings throughout the training year.

Secondary placement at WHMHC provides interns with an opportunity to work in an outpatient clinic of the Connecticut Mental Health Center that provides a full array of community-based psychiatric services to children, adolescents, and families living in the nearby town of West Haven.

Secondary placement at OPS provides interns with an opportunity to work in a community-based outpatient treatment setting that is part of a comprehensive community mental health center that serves adult residents of greater New Haven with serious psychiatric disabilities. OPS maintains a continuous treatment program providing clinical services to patients who require longer term or ongoing care and a time-limited program for focused interventions which are relatively brief.

The Consultation Center as a Secondary Placement Site: The Consultation Center also serves as a potential secondary site for psychology interns with a primary placement at either the Hispanic Clinic or the Division of Substance Abuse (DSA) Clinical and Prevention Research Track. The Hispanic Clinic of the Connecticut Mental Health Center is a community mental health and substance abuse clinic that serves the Hispanic monolingual population of greater New Haven. Primary interns at the Hispanic Clinic with a secondary placement at the Center are matched to one to two projects for a total of 1.5 days per week.

The DSA Clinical and Prevention Research Track offers psychology interns the opportunity to be involved in one of the NIH-funded centers within Yale's DSA Research Division. DSA secondary interns at The Consultation Center participate in research activities in the Division of Prevention and Community Research and are matched with a faculty supervisor at The Consultation Center to work on research involving substance abuse and prevention related activities.

For more information about placement at The Consultation Center, please email derrick.gordon@yale.edu and/or visit The Consultation Center Website at

<http://www.theconsultationcenter.org>

West Haven Mental Health Clinic

The West Haven Mental Health Clinic (WHMHC) is a satellite clinic of the Connecticut Mental Health Center that provides community-based psychiatric services to children, adolescents, and adults living in the City of West Haven. The clinic serves an ethnically diverse, economically poor population of clients with a broad range of presenting problems. The presence of child and adult treatment teams within the same clinic offers unique opportunities for coordination of services both across the life span and across generations.

In this community-oriented setting, the WHMHC offers a full complement of outpatient services to children, adolescents, and adults with acute and chronic psychiatric difficulty. Almost all clients are involved with other service-delivery systems. Many of the adults are involved in other programs funded by the Connecticut Department of Mental Health

and Addiction Services, and many of the children and adolescents are involved with the special education system, child protective services, or the juvenile court system. Although the validity of all theoretical perspectives is acknowledged, the setting emphasizes the integration of developmental perspectives on psychopathology, family systems theory, and a community perspective on service delivery.

Services available at the clinic include intake-triage, crisis intervention, individual psychotherapy, group therapy, family therapy, marital therapy, case management, psychological assessment, and pharmacotherapy. The clinic also has a Dialectic Behavior Therapy (DBT) program and a dual-diagnosis program for clients with concurrent psychiatric and substance use problems. The adult component has formal links with clinical and rehabilitation programs that target individuals with chronic mental illness, and the child component has formal links with several school-based programs and an interagency collaborative that coordinates community-based services being provided to children living in stressed, fragile family systems.

The West Haven Mental Health Clinic is only available as a secondary placement.

Applicants who choose The Consultation Center, the Hispanic Clinic, or the Division of Substance Abuse as their primary placement may choose the WHMHC as their secondary placement. Applicants who choose the Young Adult Service as their primary placement always have the West Haven Mental Health Clinic as their secondary placement. Every year, there are four to six psychology interns with a secondary placement at the clinic. Predoctoral psychology interns with a primary placement at The Consultation Center, the Hispanic Clinic, or the Division of Substance Abuse are required to maintain a balance in clinical work being done with adults versus children and adolescents. Psychology interns with a primary placement on the Young Adult Service only work with children and adolescents to create an internship experience that focuses on the delivery of psychiatric services to children, adolescents, and young adults.

Within this structure, clinical assignments are varied to provide the broadest experience possible while also allowing for pursuit of personal interests in particular populations. Previous experience working with children is not required for acceptance, and all interns are encouraged to use the placement to address gaps in their clinical experience. Clinical supervision is provided by faculty who have experience working with children, adolescents, adults, groups, and families. All psychology interns with a secondary placement at the West Haven Mental Health Clinic also participate in an applied seminar on psychiatric assessment and intervention with children, adolescents, and young adults.

Please note that funding and licensing requirements for the child component of the West Haven Mental Health Center mandate that anyone who works with children must have a physical examination and successfully complete criminal background and child protective services checks. Guidelines outlined by the Connecticut Department of Children and Families prohibit the university from allowing people who have been convicted of certain types of felony charges from working in a licensed psychiatric clinic for children.

For more information about this placement site, please email thomas.mcmahon@yale.edu.

Young Adult Service (APPIC #118321)

The Young Adult Service (YAS) is a specialty service within the Connecticut Mental Health Center (CMHC) that provides intensive psychiatric services to individuals 18 to 24 years of age whose psychosocial development has been disrupted by persistent psychiatric difficulty. Clients referred to the service typically present with moderate to severe psychiatric disturbance characterized by affective disturbance, psychosis, behavioral dyscontrol, self-injurious behavior, substance abuse, negative self-image, unstable interpersonal relations, disturbance in psychosexual development, learning problems, and other developmental difficulty. Clients typically have a history of psychiatric hospitalization, residential treatment, or out-of-home placement as a child, or they are at risk for recurrent psychiatric hospitalization as a young adult because of the recent onset of a primary psychotic or bipolar mood disorder.

The Young Adult Service provides developmentally informed, recovery-oriented services designed to promote normative development as much as possible in the context of whatever psychiatric difficulty the client might be experiencing. The service has a capacity of approximately 65-75 clients. Fifteen of the clients reside in transitional living programs operated by a collaborating agency. The others live in the community alone, with family, friends, or a romantic partner. The principles of developmental psychopathology guide assessment and intervention of the target population. An intensive, assertive, community-based approach to treatment that both targets problems and builds upon the strengths of clients, their families, and their community is utilized. A full range of clinical and case management services are offered by a mobile, interdisciplinary treatment team with expertise in the assessment and treatment of children, adolescents, and young adults. Treatment planning is individualized and comprehensive, and services are delivered at the clinic, at the transitional living facility, and in the community. All clients have more than one clinical contact weekly. Autonomous decision-making, vocational-educational intervention, and preparation for independent living are important dimensions of all treatment plans.

The YAS is only available as a primary placement. Interns in placement on the Young Adult Service function as a primary clinician with responsibility to coordinate the care of five young adult clients, and they assist in the care of others. Clinical assignments are varied to provide the broadest experience possible with this specific population while also allowing for pursuit of personal interests in clients with a particular clinical presentation. Within a comprehensive treatment plan, motivational, cognitive-behavioral, interpersonal, supportive-expressive, problem-solving, and psychodynamic approaches to psychotherapy are utilized. The placement also allows for involvement in the delivery of

parent intervention, group therapy, family intervention, specialized trauma intervention, Dialectical Behavior Therapy (DBT), behavioral consultation, and vocational-educational consultation. Interns also assist, on a limited basis, with psychological testing.

The West Haven Mental Health Clinic (WHMHC) is always the secondary placement for applicants who choose the Young Adult Service as their primary placement. The Young Adult Service and the West Haven Mental Health Clinic are located in the same building. Please see the section above for information about the secondary placement at the West Haven Mental Health Clinic. Given the focus of this training option, interest in the principles of developmental psychopathology and previous experience working with adolescents or young adults diagnosed with serious psychiatric difficulty is desirable.

For more information about this placement site, please email thomas.mcmahon@yale.edu.

Forensic Drug Diversion Clinic (APPIC # 118322)

The Forensic Drug Diversion Training Program in Law & Psychiatry offers training in both the areas of assessment and evidenced-based interventions for offender populations diverted from corrections & criminal justice settings into substance abuse treatment. A placement in this Division affords an opportunity for experiences in clinical interventions, forensic substance abuse assessments, and research. The mission of the forensic drug diversion program is to provide best practice procedures and offer evidenced-based therapies to substance abusing clients with criminal justice involvement. Moreover, the goal is to decrease substance use and recidivism rates among substance dependent populations with criminal justice involvement while promoting pro-social behaviors and increasing the overall health of this population.

To accomplish this mission, faculty and staff within the Forensic Drug Diversion Training Program in Law and Psychiatry provide training opportunities with the following populations: 1) Men diverted from corrections via the alternative drug intervention-ADI; 2) Men with co-occurring substance abuse and domestic violence via providing 12 weeks of an integrated substance abuse-domestic violence intervention founded, in large part, in cognitive behavioral therapy (CBT); 3) Marijuana dependent young adult offenders who are offered 12 weeks of CBT and rewards to decrease use and improve legal outcomes); 4) Marijuana dependent juvenile offenders who partake in 4-6 months of treatment utilizing the cannabis youth treatment (CYT) model with case management and educational services; and 5) Women with histories of trauma who are diverted from corrections and offered intensive case management while using the evidenced-based seeking safety interventions, CBT, and motivational enhancement therapy (MET).

The clinic provides intensive training and supervision to assure that the fellow is adhering to best practice procedures and is competent in administering these interventions to substance abusing forensic populations. Interns will be trained across the following evidenced-based therapies (cognitive behavioral therapy-CBT, motivational enhancement

therapy-MET, Seeking Safety, Cognitive Processing Therapy, Contingency Management (CM)-Reward System). Sessions will be taped and rated for treatment fidelity (adherence and competence). Moreover, the clinic also provides intensive case management services and communication with the New Haven Court System.

Interns will also be provided with the opportunity to learn how to perform forensic substance dependency evaluations for the court within corrections or for community defendants via the court ordered Connecticut Statute 17a-694. The Court Clinic, within the Law and Psychiatry Division, has full responsibility for all "forensic substance dependency" evaluations in the south-central part of Connecticut, involving three judicial districts, amounting to approximately 250 evaluations per year. Evaluations are used as the initial forensic experience for interns in the program. Interns will learn report writing and have exposure to the experience of testifying in court. The forensic drug diversion interns will perform the evaluations with supervision by a licensed clinical psychologist. This evaluation is authorized under Connecticut statutes to perform forensic substance dependency evaluations. These examinations allow the interns a "gentle" introduction to working with attorneys, observing prisoners in jail settings, and testifying under conditions that are relatively routine. The program provides one to two evaluations per week of this type under close supervision.

Supervision for these responsibilities is provided in several ways. First, all accepted cases have been screened by Dr. Caroline Easton and other senior faculty and staff. Second, two seminars are scheduled weekly when all cases currently being evaluated are reviewed and discussed by Division faculty and interns. In addition, 2 hours of individual supervision is provided weekly. Following the group discussion, a report is drafted with the final report also reviewed by Dr. Easton and/or other appropriate faculty/staff. During the early stages of the program, the faculty may accompany the interns to observe the evaluations and court hearings, and subsequently review the testimony (where applicable). As the interns become more experienced, they work more independently, although the faculty continues to monitor and review all assessments and reports.

Seminar for Scholarship & Coursework

Scholarly activities are promoted through a number of teaching and research seminars. Interns will attend the Scholarship Seminar which focuses on selected forensic topics. The purpose of the seminar is to focus on scholarship and understanding the link between substance use, criminal behavior and violence. Interns are required to publish a case review in the Legal Digest section of the Journal of the American Academy of Psychiatry and Law or publish a scholarly article related to forensic drug diversion from various existing data bases that utilize state of the art comprehensive assessments.

Other coursework/seminars are a part of a fellow's weekly schedule, including , a review of important legal cases impacting substance abuse and mental health; the Addiction and Special Populations Class (focus on multicultural competence, ethics, and professional conduct among substance abusers with co-occurring criminal justice involvement), a selection of relevant and timely topics; The Forensic Substance Dependency Class

(introduction to the Connecticut Statute 17a-694 with case presentations and integration with professional conduct, ethics and multicultural competence) and the Competency to Stand Trial Clinic. One of the most popular weekly classes is the Friday Law & Psychiatry Seminar where interns, students and faculty gather to discuss cases that are currently being evaluated.

The American Academy of Psychiatry and Law Annual Conference

Each year the Law & Psychiatry Division encourages interns' attendance at the annual AAPL conference and workshops on assessment and risk management. Interns are encouraged to prepare submissions for the AAPL Annual Meeting to occur shortly after completion of the training year.

Secondary Site Pairings for Interns in Primary Placement at Forensic Drug Diversion/Law and Psychiatry: Three CMHC sites serve as potential secondary placements for psychology interns that have a primary placement at the Forensic Drug Diversion Program in Law and Psychiatry: the West Haven Mental Health Center (WHMHC), The Consultation Center (TCC) and Outpatient Services (OPS). Interns spend approximately 1.5 days per week at these settings throughout the training year.

Secondary placement at WHMHC provides interns with an opportunity to work in an outpatient clinic of the Connecticut Mental Health Center that provides a full array of community-based psychiatric services to children, adolescents, and families in the nearby town of West Haven. The fellow would be assigned cases with individuals or families that not only have psychiatric and potentially co-occurring substance abuse problems, but who also coincidentally have criminal justice involvement.

A fellow with a secondary placement at The Consultation Center (TCC) carries either one (12 hours/week) or two projects (6 hours each/week) throughout the year. The Consultation Center carries out its mission through its six service components – Children's Programs, Adolescent Programs, Adult and Elderly Programs, Program and Service System Evaluation, Family Violence Programs, and the Program on Male Development. The TCC also undertakes a wide range of prevention, health promotion, and evaluation research programs. Involvement in service and/or research projects is possible.

A secondary placement at OPS provides interns with an opportunity to work in a community-based outpatient treatment setting that is part of a comprehensive community mental health center serving adult residents of greater New Haven with serious psychiatric disabilities. Again, the fellow in this placement would work with adults who also have co-occurring criminal justice involvement. OPS maintains a continuous treatment program providing clinical services to patients who require longer term or ongoing care and a time-limited program for focused interventions which are relatively brief.

For more information, contact: Dr. Caroline Easton at caroline.easton@yale.edu

Yale-New Haven Hospital

YNHH and YNHH Program Description Psychology Internship Training Tracks

- Adult Dialectical Behavior Therapy Track
- Adolescent Track
- Behavioral Medicine Track

Psychological Assessment Training Individual Psychotherapy Training

Research Elective Supervision and Seminars

YNHH and YNHH Program Description

Yale-New Haven Hospital is the major teaching and clinical research facility of the Yale University School of Medicine. It is a 900 bed general hospital that encompasses the Yale-New Haven Psychiatric Hospital (YNHH) a 74 bed, acute care, psychiatric facility that consists of four main inpatient programs and a range of intensive outpatient/day hospital programs.

Psychiatric services at YNHH include:

- 1. An Adolescent Inpatient and Intensive Outpatient Service:** This service provides short term inpatient treatment for adolescent and young adult patients with a wide range of diagnoses including affective disorders, psychoses, developmental disorders, conduct disorders, and psychiatric disorders combined with substance abuse. Comprehensive biopsychosocial assessment and treatment, intensive family consultation and crisis intervention are the core treatment modalities. After discharge, some adolescents continue to be followed in a brief (6 to 8 week) after-school intensive outpatient program, which is designed to help patients make the transition from inpatient treatment to their home, school, and community environments.
- 2. Adult Inpatient Services:** This service consists of three separate inpatient programs, a General Adult unit, an Adult Dual Diagnosis unit for patients with co-occurring psychiatric and substance abuse disorders, and a specialized Geriatric unit that focuses on treatment of the elderly. Patients within these programs generally present with complex combinations of disorders reflecting psychotic, affective, cognitive, neurological and medical components. Treatment in the short-term setting focuses on rapid comprehensive diagnosis, symptom reduction, and pharmacological treatments. Psychosocial treatments emphasize individual and family crisis intervention.

3. Adult Ambulatory Services (intensive outpatient programs): These services are geared to adult patients who do not require the level of supervision and support provided by an inpatient program, but who need more intensive intervention than is readily provided in most outpatient settings. Most patients are admitted for treatment of mood disorders, anxiety disorders, chronic suicidal ideation, co-occurring disorders (psychiatric and substance abuse disorders), personality disorders and family/interpersonal conflicts. Patients are admitted to one of four main treatment tracks: 1) General Psychiatric track for patients with mood, anxiety and/or psychotic disorders; 2) Dual Diagnosis track for patients with psychiatric and substance use disorders; 3) Dialectical Behavioral Therapy (DBT) track for patients with borderline personality disorder features who struggle with chronic patterns of suicidal or other self-destructive behaviors; and 4) DBT for substance use disorders (DBT-SUD) is provided for patients who struggle with borderline personality disorder features and substance abuse or dependence.

4. Behavioral Medicine Service: The Behavioral Medicine service is a psychological consultation and intervention service designed to improve access to mental health care for severely ill, medically compromised patients within select adult medical services of YNHH. The aim of this program is to improve accessibility of care through the integration of behavioral health services within the context of a patient's overall medical care. Currently, behavioral medicine services are provided to patients within the Yale-New Haven Transplantation Center, the Yale Cancer Center, and to the Department of Neurology and Neurosurgery's epilepsy program.

5. Psychiatric Consultation Service: This service provides psychiatric consultation for all adult medical, surgical, and obstetrical/gynecological services at YNHH. Each psychiatric consultation consists of a thorough assessment and the formulation of a treatment regimen based on a careful differential diagnosis, an understanding of relevant psychosocial factors, and a knowledge of psychopharmacology.

6. Psychiatric Emergency Service is known as the Crisis Intervention Unit. Located in the Emergency Department staff provide emergency evaluation and crisis management for approximately 4,000 patient visits per year. The CIU does rapid diagnostic assessments and formulates disposition plans for patients with a wide variety of diagnoses.

Psychology Internship:

The **Psychology Internship** at the Yale-New Haven Psychiatric Hospital provides interns with an opportunity to train in clinical settings that are using emerging models of mental health care. The internship provides experience reflecting the increasing emphasis on short-term inpatient and intensive outpatient care with triage to outpatient treatment. It provides the opportunity to work with acutely ill adults and adolescents who suffer from a range of psychiatric disorders including mood disorders, psychotic disorders, personality disorders, and substance abuse disorders, as well as with patients diagnosed with severe life-threatening medical illnesses. The settings in which the interns' participate allow for the development of skills in assessment of psychiatric disorders,

rapid treatment strategies, multidisciplinary collaboration, and integration of therapeutic interventions including pharmacotherapy.

Applicants for predoctoral training must choose between one of the three training tracks. The training programs in each track emphasize the acquisition of core competencies in assessment, intervention, consultation, research, and cultural diversity. As such, interns within each track receive training in direct patient care, group leadership, effective participation in multidisciplinary team rounds and staff conferences, and therapeutic, administrative, and theoretical issues. Predoctoral interns are trained in multiple therapeutic modalities, including crisis intervention, individual case management, group therapy, family therapy, and in collaborative methods for pharmacologic and psychotherapeutic interventions including Dialectical Behavior Therapy. All predoctoral interns also receive clinical training in psychological assessment, and have the opportunity to conduct long-term psychodynamic individual psychotherapy within Yale's Long Term Care Clinic (LTCC). For all interns, one half day is reserved for Departmental seminars and related activities.

The Yale-New Haven Hospital offers training in a variety of practice settings based in three main settings. These include the Adult Dialectical Behavior Therapy Program, Adolescent Services, and Behavioral Medicine.

Option 1: The Adult Dialectical Behavior Therapy Track (APPIC #118311):

Two predoctoral interns are selected into the Adult/ Dialectical Behavior Therapy Track. The training track consists of a twelve month rotation within the adult ambulatory services with special emphasis in Dialectical Behavior Therapy training.

Moderately to severely ill patients, who once would have been treated with extended stays in inpatient services, are now cared for in less restrictive community-based ambulatory service settings such as a partial hospital or intensive outpatient programs. Accordingly, the focus of the Adult Dialectical Behavior Therapy Track is on continuity of care from inpatient treatment to intensive outpatient treatment, and the acquisition of advanced clinical skills in evidence based therapies with particular emphasis on Dialectical Behavior Therapy for patients suffering from Borderline Personality Disorder and persistent self-destructive behavior.

Core clinical responsibilities:

In the Adult Ambulatory Services, predoctoral interns function as primary clinicians within a multidisciplinary team and serve as a primary clinician for 8-9 patients within the program's DBT and DBT-SUD tracks. The DBT and DBT-SUD tracks provide comprehensive DBT treatment modified for a group-based day hospital setting.

DBT/DBT-SUD therapy groups include skills training, diary card review, behavioral analysis, and skills coaching. In addition, the interns and other DBT clinicians provide telephone skills coaching and meet weekly for a DBT consultation group. Interns may also have the opportunity to conduct brief individual therapy using the DBT model based on their interest and clinical availability.

Interns also receive additional training leading cognitive-behavioral psychotherapy and topic-focused groups (e.g., Family Issues, Motivational Enhancement), conducting admission assessments, consulting with the attending psychiatrists, participating in daily treatment planning and review meetings and Motivational Enhancement case conferences. As the primary clinician, the intern meets with the patient, receives information about the patient from other clinicians and program staff, coordinates program treatments with those provided by the patient's outpatient therapist, and plans for the patient's discharge from the program. The intern learns to coordinate knowledge of psychopathology, psychotherapy, and pharmacotherapy with management of environmental stressors.

During the entire training year, interns in this track will also receive clinical training in psychological assessment, and will have the opportunity to conduct long-term psychodynamically-informed individual psychotherapy within Yale's Long Term Care Clinic (LTCC).

For more information about this placement site, please email seth.axelrod@yale.edu

Option 2: The Adolescent Track (APPIC #118312):

One predoctoral intern will be selected into the Adolescent training Track. This track consists of a twelve month primary rotation within YNHH's Adolescent Inpatient and Intensive Outpatient Services, and provides interns with the opportunity to receive a unique and rich inpatient and intensive outpatient clinical training experience with a broad range of demographically and diagnostically diverse adolescents and families.

Core clinical responsibilities:

The Adolescent placement is a twelve-month rotation within YNHH's short-term adolescent inpatient unit and step-down intensive outpatient program. This rotation provides interns with the opportunity to learn about a wide range of psychopathology in adolescents characterized by fairly diverse socioeconomic and ethnic backgrounds. The most frequently encountered problems involve mood disorders, psychosis, PTSD, disruptive behavior disorders (such as oppositional defiant disorder, conduct disorder, and ADHD), and substance use disorders.

Predocutorial interns function as primary clinicians within a multidisciplinary team to an assigned caseload of adolescent inpatient and intensive outpatient program patients. Thus, predoctoral interns have the opportunity to provide services for both acutely disturbed patients in need of inpatient crisis stabilization as well as for those requiring a

step-down intensive outpatient level of care. Interns within this track work closely with families and local school systems and also have the opportunity to learn about the community context of adolescent psychopathology and how to perform multiple roles with this population. Clinical activities include primary clinician for approximately four adolescent patients, family therapy, group therapy (intensive group psychotherapy as well as a modified Dialectical Behavior Therapy skills groups), crisis intervention, and collaboration with community clinicians, schools and agencies.

During the entire training year, each fellow within the Adolescent Training Track will also receive clinical training in psychological assessment, and will have the opportunity to conduct long-term psychodynamically-informed individual psychotherapy within Yale's outpatient Long Term Care Clinic.

For more information about this placement site, please e-mail dwain.fehon@yale.edu

Option 3: Behavioral Medicine Track (APPIC #118323)

Two predoctoral interns will be selected into the Behavioral Medicine training track. This track consists of an eight month primary rotation within YNHH's Behavioral Medicine service, and a four month secondary rotation in Neuropsychological Assessment within the Department of Neurosurgery's adult epilepsy program.

The role of the Behavioral Health psychologist is to provide support and assistance to medical care providers and their patients so that the patient's emotional and mental health needs can be addressed within the context of their overall medical care. Behavioral Medicine services have the potential to benefit both patient and physician by improving access to behavioral health care for medically compromised individuals, improving adherence to medical treatments, targeting lifestyle and psychosocial issues effecting wellness, addressing issues of pain management, stress tolerance, coping, and by helping to prevent the development of more serious mental health disorders through early recognition and intervention.

Core Clinical Responsibilities:

During the eight month Behavioral Medicine rotation, interns will receive training within YNHH's Behavioral Medicine Service—a psychological consultation and intervention program integrated within specialized medical services of Yale-New Haven Hospital. Interns work within multidisciplinary teams of medical providers (consisting of physicians, surgeons, nurses, and social workers) and gain valuable experience in the provision of behavioral health consultation, psychological assessment, and behavioral health intervention services to a broad range of medically ill patients.

Interns within the Behavioral Medicine service of Yale-New Haven Hospital receive clinical training within the Yale-New Haven Transplantation Center, Yale Cancer Center, and the Department of Neurology and Neurosurgery's epilepsy service. In these settings, interns participate in weekly multidisciplinary case conferences, conduct clinical

assessments, provide behavioral health treatment to medically ill individuals, and provide support to their caregivers. Interns also conduct evaluations of potential donors within the liver transplant service, provide pre- and post-surgical counseling to epilepsy neurosurgery patients, and participate in an interdisciplinary palliative care team.

During the four month Neuropsychology rotation, interns will receive basic training in neuropsychological assessment within the Department of Neurosurgery. This service conducts comprehensive assessments to a range of adult patients, with primary emphasis on patients with intractable epilepsy who are considering resective neurosurgery. Consequently, predoctoral interns have the opportunity to conduct pre-surgical cognitive evaluations, including WADA assessments.

Interns within the Behavioral Medicine track, also have the opportunity to participate in several ongoing clinical research projects, including a study that examines the relationship between pre and post transplant psychological adjustment and quality of life, a randomized clinical trial of a mindfulness-based stress management and relaxation program for liver transplant candidates, and a study exploring psychological characteristic of patients with non-epileptic seizure disorder. Interns are supported in their efforts to generate and develop their own independent research projects during their rotation in Behavioral Medicine.

Interns within this track are invited to attend a Health Psychology training seminar sponsored by the Connecticut VA Health System, and a seminar on Neuropsychology sponsored by the Department of Neurosurgery.

For more information about this placement site, please e-mail dwain.fehon@yale.edu

Psychological Assessment Training:

Predocotoral interns have the opportunity to conduct psychological diagnostic testing protocols during the year within each of the program's three training tracks. Diagnostic assessments include evaluations of newly admitted patients on the inpatient units and patients who have been participating in treatment for longer periods in the ambulatory services programs. Each assessment involves administering and interpreting a variety of instruments, participating in individual testing supervision, consulting with the treatment team about the implications of test results for the patient's treatment, providing feedback to the patient in consultation with the treatment team, and writing a final report. Supervised full battery neuropsychological assessment training is also available through YNHH's Department of Neurosurgery epilepsy service. Predocotoral interns within the psychiatric hospital conduct both traditional full battery assessments as well as brief forms of personality assessment and neuropsychological screening.

Individual Psychotherapy Training/Long Term Care Clinic:

In the outpatient Long Term Care Clinic, a psychotherapy training clinic operated by Yale University's Department of Psychiatry and YNHH, interns have the opportunity to

treat individual outpatients throughout the entire training year. Individual weekly supervision from a psychodynamic perspective is provided to guide the fellow in conceptualizing and implementing treatment from an insight-oriented therapeutic modality most appropriate to the assigned cases. Typically, predoctoral interns see one individual therapy patient in either once a week or twice-a-week psychotherapy for the full duration of their training year.

Research Elective

An optional year-long research elective is available to predoctoral interns within the YNHH psychology training program. One-half day per week of protected research time is provided to allow interns the opportunity pursue and conduct clinical research within the Yale School of Medicine. Research training objectives are individually designed and achieved through an apprenticeship model where the fellow works closely with a faculty mentor involved in a program of active research. Interns are matched with faculty mentors based on their shared interests and faculty availability. The faculty member serves as supervisor and role model, with the goal of integrating clinical and research skills as well as professional role identity.

Supervision and Seminars:

Predocotoral interns at YNHH receive individual supervision with full and part-time faculty representing a broad range of interests and expertise. Each fellow is assigned a primary supervisor for weekly supervision of assigned cases including individual, group, and family therapy. Primary supervisors are permanent faculty assigned to the same clinical program that the fellow is assigned. In addition to formal weekly supervision, a major form of supervision is provided "on-line" via modeling, treatment team meetings, and consultation. Interns are also assigned an individual secondary supervisor who provides additional weekly clinical supervision for the entire training year. Through intensive supervision, interns also address issues of professional development and learn about the complexities of different roles within different treatment settings.

Interns at YNHH are also assigned the role of "peer supervisor" to junior trainees within their primary clinical service. Typically, junior trainees are second or third year graduate students from regional doctoral psychology programs who are participating in clinical practicum placements at YNHPH. As a "peer supervisor", interns meet weekly with their supervisee and have the opportunity to develop basic skills as a clinical supervisor by processing this experience within the context of their own primary supervisory relationship.

Predocotoral interns at YNHH also attend, interact, and present material at the hospital's weekly Psychology Fellow Seminar. Topics within this seminar include psychological assessment; theory and practice; crisis intervention; family assessment and treatment; and advanced group psychotherapy techniques. Additional topics are added each year

depending on the interests of interns and faculty. In this seminar group, interns also have the opportunity to present clinical case material as well as findings from independent research projects. Interns may also attend a variety of optional departmental clinical and research forums, and a range of seminars within the Department of Psychiatry, including weekly Departmental Grand Rounds that cover both clinical and research topics.

Annual Borderline Personality Disorder Conference:

A one-day conference on Borderline Personality Disorder (BPD) is held each year co-sponsored by the School of Medicine Department of Psychiatry, the National Education Alliance for Borderline Personality Disorder, and NAMI-Connecticut. These conferences have addressed pressing clinical issues related to BPD such as suicidality in adolescents, trauma and resiliency, and problems of substance use, with internationally recognized experts in their respective fields. In addition to providing valuable continuing education to mental health professionals, these conferences are open to individuals who struggle with BPD and their families and strongly emphasize support and recovery models.

Departmental Seminars

All predoctoral psychology interns participate in two year-long seminars offered by the Psychology Section (Seminar Syllabi). These seminars are primarily devoted to core issues of assessment and psychotherapeutic intervention. All predoctoral interns also participate in a special summer seminar that meets weekly in July and August to consider issues relevant to working in a medical setting. Beginning in September, the two core seminars meet on Tuesday afternoon from 2:45 to 5:30 PM: one seminar is devoted to issues of individual psychotherapy and the other to issues of psychological assessment. Faculty from throughout the Department present on a range of assessment and intervention topics, giving the interns exposure to state-of-the-art research, empirically-validated clinical methods, and contemporary ethical issues related to diversity, race, and gender. In addition, faculty and interns of the Psychology Section meet once monthly beginning in September for a special topics colloquium at which senior faculty from the Department of Psychiatry, the University, and other invited speakers discuss topics relevant to contemporary issues in clinical and community psychology.

In addition to the core didactic experiences offered by the Psychology Section and those available in each facility, weekly Department of Psychiatry grand rounds are held each Friday morning to consider a diversity of practice and research issues. Also, a number of elective Departmental seminars are offered by the faculty in psychology, psychiatry, and other disciplines. These seminars are offered usually for one trimester (October-December, January-March, April-June) and are open to psychology interns and psychiatric residents. These elective seminars change each year but typically elective seminars have included the following topics:

Psychodynamics of Character Types: An Approach to DSM IV Axis II Disorders; Disorders of the Self - The Spectrum of Narcissistic and Borderline Conditions in Adults and Children; Adult Development; Clinical Interpretation - Problems for Practice, Theory, and Research; Introduction to Psychoanalytic Theory; Administration in Psychiatry; Law and Psychiatry; Sleep and Dream Disorders; "Perversions" and Psychotherapy; Philosophical Perspectives On Psychiatry; Psychological Approaches to Psychopathology and the Therapeutic Process; Medical Ethics in Psychiatric Practice; Behavior Therapy and Hypnosis; Science Reading Group; and Sexuality and Gender in Psychoanalysis.

**Department of Psychiatry
Psychology Section**

Core Departmental Seminars

**Introduction to Medical Settings / Community Contexts and Clinical
Practice**

*Tuesdays 4:15 – 5:30 p.m.
300 George Street, Suite 901*

Chairs: Allison Ponce, Ph. D. & Michelle Silva, Psy. D.
Department of Psychiatry
Yale University School of Medicine

Coordinator: Joan Cricca

<u>Session</u>	<u>Topic</u>	<u>Presenter</u>
1.	Introduction to Seminar Series—	<i>Raquel Andres-Hyman, Ph.D. & Allison Ponce, Ph.D.</i>
2.	The Yale Internship in the Context of the Community—	<i>Jack Tebes, Ph.D.</i>
3.	Recovery in Serious Mental Illness	
4.	Engaging Clients through Motivational Interviewing—	Mike Pantalon, Ph. D.
5.	Walking Tour of Yale Campus	
6.	Public entitlements: What the heck are SAGA, Title XIX, etc? –	Yvonne Pallotto, MS, LCSW
7.	The Community Services Network: Resources for Your Clients –	Allison Ponce, Ph. D., & Tom Styron, Ph. D.
8.	Borderline Personality Disorder and Substance Use: The Challenges of Co-Morbidity	Lisa Maccarelli, Ph. D.
9.	Legal Issues in Mental Health Practice –	Madelon Baranoski, Ph. D.
10.	Health Disparities and Cultural Competence Principles –	Miriam Delphin, Ph. D.
11.	Medication and Related Issues –	Louis Sanfilippo, MD
12.	Health Issues in Community Oriented Clinical Practice –	Jeanne Steiner, Ph.D.
13.	Crisis Care –	Gail Sicilia, APRN
14.	Panel Presentation -	TBA

Core Assessment Seminar

***Tuesdays 2:45 - 4:00p.m.
300 George Street, Suite 901***

**Department of Psychiatry
Yale University School of Medicine**

**Chair: Steve Martino, Ph.D.
Coordinator: Joan Cricca**

<u>Session</u>	<u>Topic</u>	<u>Presenter</u>
1.	<i>Introduction to the Assessment Seminar</i>	<i>– Steve Martino, Ph. D.</i>
2.	<i>Psychologist Emergency Evaluation Request</i>	<i>– Steve Martino, Ph. D.</i>
3.	<i>Categorical Assessment of Personality Disorders using the DIPD_IV-</i>	<i>Emily Ansell, Ph. D.</i>
4.	<i>Assessing interpersonal style and problems using the circumplex</i>	<i>– Emily Ansell, Ph. D.</i>
5.	<i>Categorical & Dimensional approaches to Personality Assessment</i>	<i>– Samuel Ball, Ph. D.</i>
6.	<i>Intensive Personality Assessment I & II</i>	<i>– Sidney J. Blatt, Ph. D.</i>
7.	<i>Assessing the Therapy Hour</i>	<i>– Mark Beitel, Ph. D.</i>
8.	<i>Neuropsychological Assessment I & II</i>	<i>– Emily Littman, Ph. D.</i>
9.	<i>Forensic Issues in Assessment I & II</i>	<i>– Madelon Baranoski, Ph. D.</i>
10.	<i>Assessing ADHD I & II</i>	<i>– Thomas Brown, Ph. D.</i>
11.	<i>Assessing Therapeutic Alliance</i>	<i>– Lisa Fenton, Ph. D.</i>
12.	<i>Assessing Dissociative Phenomenon</i>	<i>– Ellen Naspar, Ph. D.</i>
13.	<i>Assessing Trauma</i>	<i>– Ellen Naspar, Ph. D.</i>
14.	<i>Assessing Trauma – Research Perspectives & Practice Implications</i>	<i>– Tami Sullivan, Ph. D.</i>
15.	<i>Assessing Families Implications for Brief Intervention</i>	<i>– Leonard Hill, LCSW</i>
16.	<i>Hispanic Perspectives on Psychological Phenomenon & Testing</i>	<i>– Luis Anez Nava, Psy.D., Manuel Paris, Psy.D. Michelle Silva, Ph. D.</i>
17.	<i>Assessing Organizational Dynamics I & II</i>	<i>– David Berg, Ph. D.</i>

Core Intervention Seminar I:
Cognitive-Behavioral Therapies: Theory and Applications

Tuesdays 4:15 – 5:30 p.m. – Fall Semester
300 George Street, Suite 901

Department of Psychiatry
Yale University School of Medicine

Chair: Sam Ball Ph.D.
Coordinator: Joan Cricca

Session	Topic	Presenter
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- | | | |
|----|---|-----------------------------|
| 1. | Cognitive Therapy of Depression – <i>Lisa Fenton, Psy. D.</i> | |
| 2. | Dialectical Behavior therapy for Borderline Personality Disorder I— | <i>Seth Axelrodl, Ph.D.</i> |
| 3. | Cognitive Behavioral Therapy for Panic Control— <i>Donna LaPaglia</i> | |
| 4. | Relapse Prevention Coping Skills for Substance Abuse — <i>Samuel Ball,, Ph.D.</i> | |
| 5. | Cognitive Therapy for Psychosis — <i>John Saksa, Psy. D.</i> | |
| 6. | Commentary on Evidence-Based Therapies – <i>Sidney J. Blatt, Ph. D.</i> | |

Core Intervention Seminar II:
Psychodynamic Psychotherapy

Tuesdays 4:15 – 5:30 p.m. – Spring Semester
300 George Street, Suite 901

Department of Psychiatry
Yale University School of Medicine

Chair: Kay Long, Ph.D.
Coordinator: Joan Cricca

Session	Topic
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|----|--|
| 1. | Introduction: What is psychotherapy? |
| 2. | Psychoanalytic Diagnosis: Developmental Levels of Personality Organization |
| 3. | Clinical Implications of psychoanalytic diagnosis |
| 4. | The treatment frame |
| 5. | Therapeutic stance/ office setting/ fees/ arrangements, etc. |
| 6. | Ethics/Boundaries |
| 7. | Treatment Strategies |
| 8. | Treatment Complications |
| 9. | Termination |

Special Topics in Clinical Psychology

*1st Tuesday of each month 2:45 - 4:00p.m.
300 George Street, Suite 901*

**Department of Psychiatry
Yale University School of Medicine**

**Chair: Robin Masheb, Ph. D..
Coordinator: Joan Cricca**

<u>Session</u>	<u>Topic</u>	<u>Presenter</u>
1.	Informing Targeted Intervention for Substance Use -	Lisa Dierker, Ph. D.
2.	An Emotion Based Approach to Understanding and Treating Generalized Anxiety Disorder	Douglas Mennin, Ph. D.
3.	Understanding Child Abuse – From Neurobiology to Social Policy	Joan Kaufman, Ph. D.
4.	Rumination and Depression. -	Susan Nolen-Hoeksema, Ph.D.
5.	A Genotype by Maltreatment Interaction Predicting Children's Mental Health Problems	Julia Kim-Cohen, Ph D.
6.	How Clinicians Make Diagnoses	Woo-kyoung Ahn, Ph. D.

Faculty

The faculty of the Psychology Section consists of full time and part-time doctorate-level psychologists who represent a diversity of interests and who are committed to the integration of clinical practice and research. Although the relative proportion that each faculty member devotes to teaching, research, and clinical or consultative activities varies, faculty members provide role models which are consistent with the goals of the training program.

- [Psychology Section](#)
- [Connecticut Mental Health Center](#)
- [Yale-New Haven Psychiatric Hospital](#)
- [Part-Time Faculty](#)

Full Time Faculty

Psychology Section

[Sidney J. Blatt, Ph.D.](#), Chief, Psychology Section

Connecticut Mental Health Center

[David L. Snow, Ph.D.](#), Chief Psychologist

Yale-New Haven Hospital

[Dwain C. Fehon, Psy.D.](#), Chief Psychologist, YNHH

The Consultation Center

Christian Connell, Ph.D.

Cindy Crusto, Ph.D.

Derrick Gordon, Ph.D.

Nathan Hansen, Ph.D.

Joy Kaufman, Ph.D.

[David Snow](#), Ph.D.

Tami Sullivan, Ph.D.

[Jacob Tebes, Ph.D.](#)

Nadia Ward, Ph.D.

Outpatient Division

Raquel Andres-Hyman, Ph.D.
[Larry Davidson](#), Ph.D.
Miriam Delphin, Ph. D.
Allison Ponce, Ph.D.
Tom Styron, Ph.D.
Janis Tondora, Psy. D.

West Haven Mental Health Center

[Thomas McMahon, Ph.D.](#)
Lisa Maccarelli, Ph. D.
Michelle Silva, Psy. D.

Hispanic Clinic

Luis Anez Nava, Psy. D.
Luis Bedregal, Ph. D.
Manuel Paris, Psy. D.
Michelle Silva, Psy. D.

Division of Substance Abuse

[Sam Ball, Ph.D.](#)
[Kathleen Carroll, Ph.D.](#)
[Caroline Easton, Ph.D.](#)
Laurel Edwards, Psy. D.
Suchitra Krishnan-Sarin, Ph. D.
Donna LaPaglia, Psy. D.
Daniel Martin, Ph.D.
[Steve Martino, Ph.D.](#)
Sherry McKee, Ph.D.
Celeste Milligan, Ph.D.
[Stephanie O'Malley, Ph.D.](#)
[Rajita Sinha, Ph.D.](#)
[Nancy Suchman, Ph.D.](#)
Kristi Sacco, Psy.D.
Benjamin Toll, Ph.D.

Neuropsychological and Psychological Assessment Service

[Keith Hawkins, Psy.D.](#)
[Anna Resnick, Ph.D.](#)

Yale-New Haven Hospital

[Dwain C. Fehon, Psy.D.](#), Chief Psychologist

[Seth Axelrod, PhD](#)

[Carlos Grilo, Ph.D.](#)

[Robin Masheb, Ph.D.](#)

[Donald M. Quinlan, Ph.D.](#)

Marney White, Ph. D.

Part Time Faculty

Basil Anton, Ph.D.
S. Kelly Avants, Ph.D.
Michael Barrios, Ph.D.
Bonnie R. Becker, Ph.D.
Rebecca S. Behrends, Ph.D.
Susan Bers, Ph.D.
Debra Boltas, Ph.D.
Ronald M. Casey, Ph.D.
John Cline, Ph.D.
James Collins, LCSW
John Collins, Ph.D.
Lisa Cross, Ph.D.
Wayne Dailey, Ph.D.
Richard Delaney, Ph.D.
Lisa Driscoll, Psy.D.
Paul Falzer, Ph.D.
Terry Freeman, LCSW
Patricia Fountain, Ph.D.
Eric Frazer, Psy.D.
Jesse Geller, Ph.D.
Christopher Greene, LCSW
Laurie B. Grunebaum, Ph.D.

Diana Higgins, Ph. D.
Robert J. Hoffnung, Ph.D.
Roberta A. Isleib, Ph.D.
Angelica Kaner, Ph.D.
Robert H. Klein, Ph.D.
Fred E. Koerner, Ph.D.
Donna LaPaglia, Ph.D.
Wendy Levy-Massarani, Ph.D.
Emily B Littman, Ph.D.
Kay M. Long, Ph.D.

Cathy Markle, Ph.D.
Steve Martino, Ph.D.
Rita McCleary, Psy.D.
Barbara F. Marcus, Ph.D.
Roslyn Meyer, Ph.D.
Ellen Nasper, Ph.D.
Connie Nickou, Ph.D.
Jack Novick, Ph.D.
Debra O. Nudel, Ph.D.
Kathryn F. Nuro, Ph.D.
Charles A. Opsahl, Ph.D.
Amit G. Oren, Ph.D.
Judy L. Perlman, Ph.D.
Walter M. Phillips, Ph.D.
James Poling, Ph.D.
Mary L. Prevey, Ph.D.
Sue Ann Quinlan, Ph.D.
Gary R. Racusin, Ph.D.
John Ringwald, Ph.D.
Jane Robinson, Psy.D.
Michael Rowe, Ph.D.
Melvin Roy, PhD.
Kathryn M. Salisbury, Ed.D.
Helen S. Sackler, Ph.D.
Kathryn Sanders, Ph. D.

K. David Schultz, Ph.D.
Seth R. Segall, Ph.D.
Jane Shepard, Psy. D.

Diane Sholomskas, Ph.D.
Walter E. Spear, Ph.D.
Marisa Spann, Ph. D.

Wendy Stewart, Ph.D.
David Suscovich, Psy.D.
David Tate, Ph.D.
Debra Woodruff, Ph.D.
Susan Zimmerman, LCSW

Predoctoral Internship Training Program in Clinical & Community Psychology

Application Process

Application Process

Applicants to the Predoctoral Training Program should be enrolled in an APA-approved doctoral training program in clinical and/or community psychology. Applicants from other types of programs are considered in particular circumstances. Predoctoral stipends for 2010 - 2011 will be \$24,000 per year, with one month of vacation, and full support for comprehensive medical coverage.

Applicants for the Predoctoral Training Program should submit both parts of the APPIC application form-(AAPI) and the APPIC Academic Program's Verification for Internship Eligibility and Readiness. In addition applicants should submit work samples (including diagnostic reports, therapy and consultation reports, and research summaries), 3-5 letters of recommendation, vita and an official copy of transcript and Yale's application page, indicating which clinical facilities are of primary interest and which units might constitute possible secondary placements. All application material and supplemental forms (i.e. work samples, transcripts, letters of recommendation, application page) must be submitted online. Applicants are required to use the AAPI Online to apply to our program for 2010-2011 internship year.

If you have any questions on the application process, please do not hesitate to contact Joan Cricca, Student Coordinator at (203) 785-2090 or at psychsec@yale.edu

Interviews will be conducted on an invitation-only basis. Predoctoral applicants will be contacted in mid-December to arrange for an interview date. Interviews will be conducted on three days:

Friday, January 8, 2010

Monday, January 11, 2010

Friday, January 15, 2010

To expedite this process, please check your preference for interview dates as indicated on the application form. If you have been invited to interview and are unable to visit New Haven, arrangements will be made to conduct interviews through extensive telephone calls. The date for final decisions for selection of interns is consistent with the policies of the Association of Psychology Internship Centers. Our training program begins on July 1st of each year.

Please complete the application form and use as a cover sheet with your application materials. Again, all application material and supplemental forms (i.e. work samples, transcripts, letters of recommendation, application page) must be submitted online. Applicants are required to use the AAPI Online to apply to our program for 2010-2011 internship year.

This internship program has been approved by the Office of Accreditation of The American Psychological Association (750 First Street, N.E., Washington, D.C. 20002-4242, (202) 336-5979). This internship site agrees to abide by the APPIC Match Policies.

**PREDOCTORAL INTERNSHIP TRAINING PROGRAM
APPLICATION 2010 - 2011**

Psychology Section, Department of Psychiatry
Yale University School of Medicine

Name: _____ SS#: _____

Address: _____

Home Phone Number: _____ Cell # _____

Office Address: _____

Office No: _____ Email: _____

Ph.D. received or expected (University/Date): _____

****APPIC MATCH ID NUMBER** _____

Checklist for Materials To Be Included in Application (2 copies of each):

Yale Predoctoral Internship Training Application	_____
APPIC Application Form	_____
APPIC Verification Form	_____
Letters of Recommendation (3-5 letters)	_____
Work Samples (3)	_____
Vita and official transcript	_____

Applicant Agreement Form and materials describing the APPIC Matching Program for positions beginning in 2010 can be obtained from:

National Matching Services, Inc.
595 Bay Street - Suite 301, Box 29
Toronto, Ontario Canada M5G 2C2
Telephone (416) 977-3431
Fax (416) 977-5020

www.natmatch.com/psychint

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.

PRIMARY PLACEMENT APPIC # _____

INTERVIEW DATES – January, 2010: Please rank preferred dates for interviews (1 through 3) or check if you prefer a telephone interview.

January 8 _____ January 11 _____ January 15 _____ Telephone Interview _____

FACILITY AND PLACEMENT CHOICE: Please indicate below the placement for which you wish to be considered for training by checking **only one box** under CMHC or YNHH.

Connecticut Mental Health Center (CMHC)		
Primary Placement	Secondary Placement	Check One
Division of Substance Abuse (APPIC #118315)	Hispanic Clinic	
	Outpatient Services	
	West Haven Mental Health Clinic	
Division of Substance Abuse Clinical & Prevention Research (APPIC # 118320)	Division of Prevention & Community Research – The Consultation Center	
Hispanic Clinic (APPIC #118318)	The Consultation Center	
	Outpatient Services	
	West Haven Mental Health Clinic	
Neuropsychological & Psychological Assessment Services (APPIC #118317) Acute Inpatient Unit (APPIC # TBA)	Gaylord Rehabilitation Hospital and CMHC Inpatient Unit	
Outpatient Services (APPIC # 118319)	Community Services Network	
	Outpatient Services	
The Consultation Center (APPIC # 118314)	West Haven Mental Health Clinic	
Young Adult Service (APPIC #118321)	West Haven Mental Health Clinic	
Forensic Drug Diversion Clinic (APPIC #118322)		

Yale New Haven Hospital (YNHH)		
Primary Placement	Secondary Placement	Check One
Adult Dialectical Behavior Therapy Program (APPIC #118311)	Behavioral Medicine Service Adolescent Services	
Adolescent Services (APPIC #118312)	No secondary rotation	
Behavioral Medicine Service (APPIC # 118323)	Adult Dialectical Behavior Therapy Program	

Predoctoral Internship Training Program in Clinical & Community Psychology

Travel & Accommodations

Directions, Parking, and Maps

[Medical Center](#)

[School of Medicine - 3D Maps and Directions](#)

[Transportation and Hotel Information](#)

[New Haven Information](#)

Transportation - Railroad

[Amtrak](#) 880-USA-RAIL

Between Boston and Washington DC

[Metro North](#) 800-638-7646

Between New York and Union Station, New Haven

[Yale Shuttle Service](#)

Operates between Union Station and the Yale-New
Haven Medical Center

333 Cedar Street in front of Sterling Hall of Medicine

Transportation - Bus

[Greyhound Bus Lines](#) 800-229-9424

50 Union Avenue, New Haven (at Union Station)

Transportation - Air

[Tweed-New Haven Airport](#) (203) 466-8833

Burr Street, New Haven

[Bradley International Airport](#) (888) 624-1533

Windsor Locks, CT

[Kennedy International Airport](#) (JFK)

New York, NY

[LaGuardia International Airport](#)

New York, NY

Transportation - Ground

Shuttle Services

[Connecticut Limousine](#)

(800) 472-5466

[CT Transit](#)

(203) 624-0151

Taxicabs:

Metro Taxi (203) 777-7777
New Haven Taxi Service (203) 877-0000
Yellow Cab (203) 777-5555

